

Tea menu - Spring Term 2021

All meals are served with a selection of vegetables (e.g. cucumber sticks, cherry tomatoes, carrot sticks, pepper sticks). Meals may vary from the menu, depending on availability of groceries.			
	Week 1 18/1, 8/2, 1/3, 22/3, 12/4	Week 2 25/1, 15/2, 8/3, 29/3	Week 3 1/2, 22/2, 15/3, 5/4
Monday	Wraps with cheese spread or marmite. Crumpets (Pastures). Yoghurt & banana.	Sandwiches - ham or grated cheese. Fruit (apple, pear & satsuma).	Tiger bread with sliced cheese or chicken. Yoghurt.
Tuesday	Wholemeal rolls with soft cheese or tuna. Fruit (melon & grapes).	Wraps with cheese spread or marmite. Crumpets (Pastures). Yoghurt & banana.	Pork sausage or cheese & onion pastry rolls. Muffins (Pastures). Malt loaf.
Wednesday	Sandwiches - ham or grated cheese. Fruit (apple, pear & satsuma).	Tiger bread with sliced cheese or chicken. Yoghurt.	Wraps with cheese spread or marmite. Crumpets (Pastures). Yoghurt & banana.
Thursday	Tiger bread with sliced cheese or chicken. Yoghurt.	Pork sausage or cheese & onion pastry rolls. Muffins (Pastures). Malt loaf.	Wholemeal rolls with soft cheese or tuna. Fruit (melon & grapes).
Friday	Pork sausage or cheese & onion pastry rolls. Muffins (Pastures). Malt loaf.	Wholemeal rolls with soft cheese or tuna. Fruit (melon & grapes).	Sandwiches - ham or grated cheese. Fruit (apple, pear & satsuma).