WHAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination

Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with award winning Food for Life Served Here freshly prepared school lunches that are true to our fresh food heritage.

All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our web site https: //caterlinkltd.co.uk/my-caterlink to find the latest news and information about our upcoming theme days and our current menu. You can also get in touch through our contact us page, we appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site https: //caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site https://caterlinkltd.co.uk/school/caterlink-primary-division . We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

BEDFORD

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Wokingham Borough Council
Spring Menu 2021

WOKINGHAM BOROUGH COUNCIL

Added Plant Power
Vegan
Wholemeal

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One **04/01/2021** **25/01/2021** **22/02/2021** **15/03/2021**	Option 1	Macaroni Cheese with Garlic Slice	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Plant Based Chicken Tikka Curry with 50/50 Rice	Fish Fingers/Salmon Fish Fingers with Chips
	Option 2	Soya Spaghetti Bolognaise	Vegetarian Sausages, Mashed Potato and Gravy	Potato and Courgette Stack with Roast Potatoes	Lentil and Sweet Potato Curry with 50/50 Rice	Wholemeal Cheese and Tomato Quiche with Chips
	Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Custard	Peach Upside Down Cake	Pear Crumble	Apple, Cheese and Crackers	Vanilla Cookie
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Two **11/01/2021** **01/02/2021** **01/03/2021** **22/03/2021**	Option 1	Pork Sausage Pasta Bake	Plant Based Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges	Fish in Batter with Chips
	Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy	Vegetarian Tortilla Stack with Wedges	Cheese Frittata with Chips
	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	Mixed fruit Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Apple and Raisin Flapjack	Pear Upside down Cake	Orange and Lemon Shortbread
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Three **18/01/2021** **08/02/2021** **08/03/2021** **29/03/2021**	Option 1	Cheese and Tomato French Bread Pizza	Chicken and Sweet Corn Pie, New Potatoes and Gravy	Roast Turkey Fillet, Roast Potatoes and Gravy	Beef Cottage Pie with Gravy	Fish Fingers with Chips
	Option 2	Vegetable Enchiladas	Five Bean Chilli with 50/50 Rice	Quorn Roast Fillet with Roast Potatoes and Gravy	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
	Vegetables	Coleslaw Mixed Salad/Crudités	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie	Eves Pudding and Custard	Peach Crumble and Custard	Chocolate and Mandarin Brownie	Spanish Cinnamon Cookie
		Or a choice of Yoghurt & Fresh Fruit available daily				

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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